



# FREE Winter Storm Preparedness Workshop

In the wake of Hurricane Irene and the recent snowstorm that closed roads and left thousands without power for many days, we realize that we're not untouchable from Mother Nature and bad things can happen to good people. We are doing a series of workshops on how to prepare for emergencies that can happen. These workshops will be on different topics to help you and your family be ready just in case. Not based on fear, but the will to be self-reliant and have a better understanding of possible events that can affect our families and ourselves.

This workshop will discuss how to prepare for and deal with a major snowstorm. We will discuss topics such as loss of electricity, heat, water, identifying and handling Hypothermia, being stranded in your car, etc.

This is a Free seminar, but donations will be accepted for those able to help the center continue to provide services like this workshop.

Please call 203-713-8165 to confirm your spot.



1015 Bridgeport Ave. Unit D

12:00 – 2:30

203-713-8165